GARDENVALE

Robyn Krawitz and her son Zac, 5, at the playground they helped spruce up last Mitzvah Day.

Help, for goodness sake

GARDENVALE mum Robyn Krawitz and her son Zac, 5, are hoping to inspire a flood of good deeds.

For the past two years Mrs Krawitz has rallied family, friends and her son's kinder community to do good deeds on Mitzvah Day – a grassroots Jewish-led day of social action.

Now in its fifth year in Australia, Mitzvah Day sees about 60 organisations and 1500 people participate in hands-on projects supporting charities and local initiatives that build stronger communities.

Ms Krawitz worked on a community garden project for Yooralla in 2013, teamed up with the Ardoch Youth Foundation to provide and plant native plants at a South Yarra playground used by disadvantaged children in 2014 and now she is on the Mitzvah Day 2015 organising committee.

"It's about trying to get people to do nice things for other people," she said.

Mitzvah Day 2015 is on Sunday November 15, and the launch is today, August 18, in Port Melbourne at the evening food van run by Kehilat Nitzan, Caulfield, in conjunction with the Father Bob Maguire Foundation. The website opens for project registrations after today's launch: mitzvah-day.org.au