



SHAVUOT SOUP INITIATIVE

VISION: To engage the Australian Jewish community in feeding those in need

What: Simply, to make soup.

Why: According to the Foodbank Hunger Report 2018 (October), four million Australians have experienced food insecurity in the past twelve months.

When: Sunday 26 May – Thursday 6 June 2019.

Following on from eight successful years of Mitzvah Day Australia projects and building on the success of the UK's Chicken Soup Challenge, we offer a season-appropriate challenge to you and your community.

Shavuot commemorates the giving of the Torah atop Mt Sinai and is a time to re-engage with Torah. It has been said that the entire Torah exists to establish social justice. Through the study of Torah, Shavuot offers us an opportunity to recommit ourselves to tikkun olam, repairing the world.

This year, in the days leading up to Shavuot, we invite you to make soup with your community to feed those in need.

Perhaps your organisation has never participated in a project on Mitzvah Day, or perhaps you would like to further engage your synagogue, social action committee or youth group. The Shavuot Soup initiative is an opportunity to attract new volunteers, bring your community together and offer a meaningful experience. This may be the beginning of a regular soup kitchen in your community – a taste of giving back to those less fortunate.

You may consider approaching your neighbouring faith community and join for a day of inter-faith social action.

WHAT IS NEEDED

- Cooks and ingredients
- A kitchen
- A recipe (Mitzvah Day Australia will happily supply a Vegetarian Harvest – Barley soup recipe although you are welcome to use your own special recipe.)
- Pots / saucepans; chopping boards; knives; peelers; containers; labels.

VOLUNTEER TASKS

- Source and / or buy the ingredients
- Set up the kitchen
- Peel and chop vegetables
- Cook the soup
- Label containers
- Deliver soup to recipient(s)

Please communicate with your partner charity, food kitchen, meal centre, homeless shelter, hostel or care home as to their requirements including container storage and portion sizes.

HOW TO BE INVOLVED?

Let us and others know you are participating and the quantity of soup you hope to make. For purpose of consistency, 250ml = 1 portion.

Contact us via email – info@mitzvahday.org.au and join, like and share our Facebook Event.

It is your choice as to whether to organize and run your own session or join one organized by a community group.

Ask your friends, family, colleagues and community to join for a meaningful soup making experience.

TOGETHER LET'S MAKE A DIFFERENCE

Joanne Loewy Irons

Volunteer | Chair | Mitzvah Day Australia

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